

FOIA DATASET

COUNSELLING & MENTAL HEALTH SUPPORT

Date of disclosure: 23 September 2026.

Academic Year	Number of Undergraduate students using the counselling service	Number of Postgraduate students using the counselling service	Total number of students using the counselling service
2012/13	17	30	47
2013/14	12	45	57
2014/15	43	37	80
2015/16	29	41	70
2016/17	34	59	93
2017/18	48	61	109
2018/19	See note below	See note below	See note below
2019/20	No data available	No data available	123
2020/21	93	102	195
2021/22	90	73	163
2022/23	84	103	187
2024/25	50	54	104
2025/26	58	49	107

2018/19: we are unable to provide data for 2018-19 due to the fact that the counsellor who provided individual student appointments during this academic year was absent on a period of extended leave, and we had no access to the data that may have been recorded. The only way we could potentially provide this data would be by reviewing confidential student files which is not possible without the explicit consent of the students involved. This data is therefore exempt from disclosure under S40 Personal Information of the FOIA.

Academic Year	Number of male students using the counselling service	Number of female students using the counselling service	Non-binary	No gender data	Total number of students using the counselling service
2012/13	19	28			47
2013/14	20	37			57
2014/15	30	50			80
2015/16	33	37			70
2016/17	42	51			93
2017/18	54	55			109
2018/19	See note above	See note above		See note above	See note above
2019/20	No data available	No data available		No data available	123
2020/21	64	130		1	195
2021/22	55	103		5	163
2022/23	70	113		4	187
2024/25	39	61	2	2	104
2025/26	42	64		1	107

Average waiting time for a Counselling Appointment	
Academic year	Average wait time
2012/13	2-3 working days, usually less
2013/14	2-3 working days, usually less
2014/15	5 working days, sometimes less
2015/16	5 working days, sometimes less
2016/17	1-2 weeks, sometimes less
2017/18	1-2 weeks, sometimes longer
2018/19	5 working days, sometimes less
2019/20	2-4 weeks
2020/21	1-2 weeks
2021/22	5 days
2022/23	7 days
2024/25	22 days, usually less
2025/26	22 days, usually less (SD=15.2)

The average waiting time can vary according to a student's availability to meet with a counsellor based on their study timetable.